

A conference hosted jointly by the Institute of
Group Analysis and Group Analytic Society

Can group psychotherapy survive NICE?

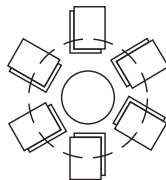
Examining the evidence

Friday 29th January 2010
9.30am to 5.00pm

120 Belsize Lane,
London NW3 5BA

IGA

The Institute of Group Analysis



GAS

The Group Analytic Society

Background

Group Analysts have for some time been concerned about the position of group psychotherapy, and group analysis, in an NHS where decisions about what services are provided are increasingly dominated by NICE Guidelines, which are based on criteria regarding evidence of treatment effectiveness that are often seen as incompatible with the aims of psychotherapy. However, it is not possible to ignore the impact of the NICE Guidelines if group approaches are to have some chance of surviving in today's NHS.

Our challenge is to see if we can meet the requirements of evidence based practice on their own terms. The Institute of Group Analysis and the Group Analytic Society have jointly commissioned The Centre for Psychological Service Research, at the University of Sheffield, to undertake a systematic review of the evidence for the effectiveness of Group Analysis and Analytic/Dynamic Group Psychotherapy. The review is now complete and will be available prior to the conference on the IGA and GAS websites. This conference will be a creative sharing of concerns and ideas arising from it with talks, small groups and plenary.

Conference aims

- To present the key findings of the systematic review
- To explain briefly the methods used, the difficulties encountered, and to offer recommendations for future research in this area
- To offer responses to the review from different points of view – including group analysis, NHS management, and other psychological therapies
- To discuss the ways forward for research and audit; and to look at how research findings and clinical expertise could inform each other to aid the development of group therapy
- To discuss the value and importance of feedback from service users who have been in analytic groups

Speakers

Prof Anthony Bateman

Consultant Psychiatrist and Psychotherapist, Halliwick Unit, Barnet, Enfield, and Haringey Mental Health Trust, Visiting Professor University College, London and Visiting Consultant Menninger Clinic, Baylor College of Medicine, Houston, USA

Nick Benefield

Head of National Personality Disorder Programme, Department of Health, London

Chris Blackmore

Principal Investigator, Research Associate, Centre for Psychological Services Research, University of Sheffield

Dr Kevin Healy

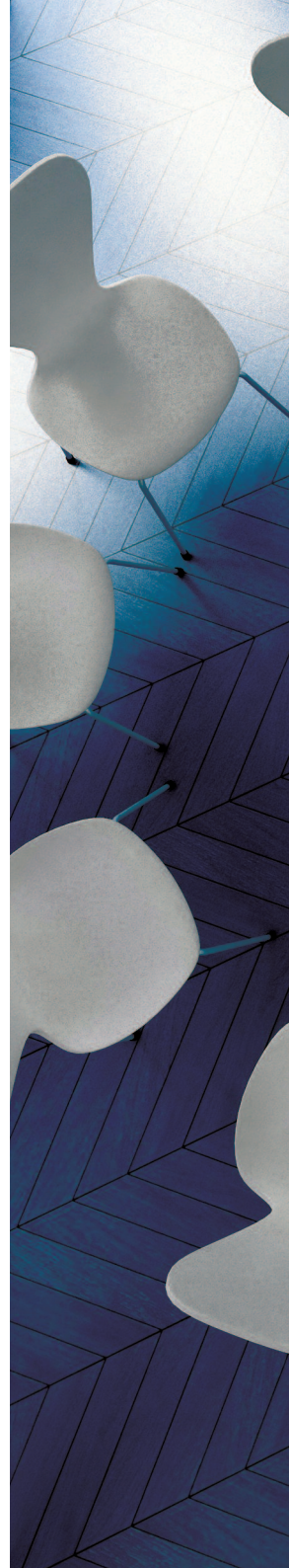
Lead Clinician, Cassel Hospital, West London Mental Health Trust

Dr Chris Mace

Consultant Psychotherapist, St Michael's Hospital, Warwick; Hon. associate professor in psychotherapy, University of Warwick; Chair, psychotherapy faculty, Royal College of Psychiatrists

Prof Glenys Parry

Professor of Applied Psychological Therapies, Centre for Psychological Services Research, University of Sheffield



Fees

Fees (includes lunch and refreshments)

IGA and GAS members: £30

Non-members: £45

Students: £15

Booking

Online at www.groupanalysis.org or email lucy@igalondon.org.uk

For enquiries phone 020 7431 2693

Organising Committee

Dr Jenny Potter (Chair), David Kennard, Prof Chris Evans,
Christopher Scanlon, Wil Pennycook and Dr Don Montgomery

For up to date information visit our websites:

www.groupanalysis.org

www.groupanalyticsociety.co.uk

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